

Occupational Therapy Framework

Programs and Professions in Allied Health			
Which Health Professions are considered Allied Health?			
9th	10th	11th	12th
<ul style="list-style-type: none"> ● Occupational Therapy ● Occupational Therapy Assistant 	<ul style="list-style-type: none"> ● Length of programs ● Types of schools to obtain certificate/degree at <ul style="list-style-type: none"> ○ Tech. school (certificate) ○ Commun. College (certificate, associate's) ○ University (Bachelor's and above) 	<ul style="list-style-type: none"> ● Where you can work at with your certificate/degree 	<ul style="list-style-type: none"> ● Job descriptions ● Job statistics <ul style="list-style-type: none"> ○ Job growth ○ Pay

- **Ninth Grade**

- **What are the various Allied Health Professions?**

- There are various professions that are under Allied Health. The ones that are listed are available in the state of Texas. These professions include:

- **Occupational Therapy** - Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent—or live better with—injury, illness, or disability. Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing support for older adults experiencing physical and cognitive changes.

- <https://www.aota.org/Conference-Events/OTMonth/what-is-OT.aspx>

- **Tenth Grade**

- **What is the average program length for each Allied Health profession?**

- The Occupation Therapy profession has two positions. There is an occupational therapy assistant and an occupational therapist. The occupational therapy assistant program at STC is a total of 5 semesters (not including prerequisites) for an Associate degree. The Occupational Therapist program is available at UTRGV and UT Health San Antonio. The program length for both IHEs is a total of 3 years for a Master or Doctorate degree.
 - <https://nah.southtexascollege.edu/ota/index.html>
 - <https://www.utrgv.edu/ot/graduate-program/index.htm>
 - <https://www.uthscsa.edu/academics/health-professions/programs/doctor-occupational-therapy>
- **What are the types of schools the student can attend for their program of interest?**
 - Technical schools
 - Technical schools, also known as “vocational schools” offer targeted, shorter instruction at a lower tuition, or cost, leading to a certificate or an associate’s degree. Many technical schools in Texas offer dual enrollment opportunities for high school students.
<https://scitexas.edu/technical-school/>
 - Community College
 - A community college is an institution that offers short term certificates or two year associate’s degrees. Associate’s degrees transfer and often lead to four year degrees at partnering universities. Many community colleges in Texas offer dual enrollment opportunities for high school students. They typically offer less expensive education than four year universities. Most community colleges have open enrollment, meaning there are very few requirements for admission.
<https://studyinthestates.dhs.gov/2012/03/what-is-community-college>
 - College
 - A college is a four year institution that offers degrees in specific areas of study (i.e. medicine or law). These degrees can lead to graduate or professional school. Colleges may

have open enrollment or may have strict admission requirements.

<https://www.trade-schools.net/articles/college-vs-university.asp#university>

- University

- A University is a four year institution that offers many different degrees through multiple “colleges” located on the same campus. Typically a university may have a “College of Education” or a “College of Health Sciences”. Universities also usually offer graduate (Master’s, Doctorates) and professional degrees. Typically, universities have strict admission requirements that include grades, placements tests, and admissions tests like the SAT/ACT.

<https://www.trade-schools.net/articles/college-vs-university.asp#university>

- **Eleventh Grade**

- **Where can the professionals work with their degree?**

- Occupational therapy assistants work with adults in their homes, rehabilitation centers, nursing homes, community centers and other facilities. Occupational Therapists also work in schools with students who have learning disabilities or behavioral problems, or may work with older people in their homes or nursing homes, helping them to recover from strokes or deal with Alzheimer’s disease. Some practitioners choose to help accident victims to regain needed skills or offer assistance to people with mental illness.

- <https://explorehealthcareers.org/career/occupational-therapy/occupational-therapist/>

- **Twelfth Grade**

- **What are the Allied Health Professional’s job responsibilities?**

- Occupational therapy assistant’s job responsibilities include carrying out activities and exercises with clients based on a treatment plan developed in collaboration with an occupational therapist. Occupational therapy assistants monitor an individual’s activities to make sure they are performed correctly and to provide

encouragement. They also record their client's progress for use by the occupational therapist. If the treatment is not having the intended effect, or the client is not improving as expected, the occupational therapist may alter the treatment program in hopes of obtaining better results. Occupational therapy assistants also document billing of the client's health insurance provider. An occupational therapist's job responsibilities include an individualized evaluation, during which the client/family and occupational therapist determine the person's goals, customized intervention to improve the person's ability to perform daily activities and reach the goals, and outcomes evaluation to ensure that the goals are being met and/or make changes to the intervention plan. Occupational therapy services may include comprehensive evaluations of the client's home and other environments (e.g., workplace, school), recommendations for adaptive equipment and training in its use, and guidance and education for family members and caregivers

- <https://explorehealthcareers.org/career/occupational-therapy/occupational-therapy-assistant/>
- <https://explorehealthcareers.org/career/occupational-therapy/occupational-therapist/>

- **What is the job growth of the Allied Health Profession? How much is the profession paid?**
 - Occupational therapy assistants are paid \$27.70 per hour and are paid \$57,620 annually. The projected job growth over a 10 year period is 31%. Occupational therapists are paid \$40.51 per hour and are paid \$84,270 annually. The projected job growth over a 10 year period is 18%.
 - <https://www.bls.gov/ooh/healthcare/occupational-therapists.htm>
 - <https://www.bls.gov/ooh/healthcare/occupational-therapy-assistants-and-aides.htm>

<u>Programs and Professions in Allied Health</u>			
What exams do I need to take for the profession I'm interested in?			
9th	10th	11th	12th
<ul style="list-style-type: none"> ● Mention exams that need to be taken based on their program of interest 	<ul style="list-style-type: none"> ● Exam I <ul style="list-style-type: none"> ○ Test Description ○ Test outline 	<ul style="list-style-type: none"> ● Exam I <ul style="list-style-type: none"> ○ Prep course ○ Exam registration ○ Locations ○ Scores 	<ul style="list-style-type: none"> ● Exam II (based on whether a second exam is needed) <ul style="list-style-type: none"> ○ Description ○ Outline ○ Prep course ○ Exam registration ○ Locations ○ Scores

- **Ninth Grade**

- **What exams do the students need to take for the healthcare program of interest?**

- The Occupational Therapy assistant program at STC requires the student to take the ACT with the Writing component. After the completion of the program the student must take the NBCOT Exam to obtain a license to practice.

- <https://www.aota.org/Advocacy-Policy/State-Policy/Licensure/How-To.aspx>
 - <https://www.act.org/>

- Occupational Therapy program is available at UTRGV and UT Health San Antonio. UTRGV requires potential students to take the GRE with specific score requirements for admission. UTHSA also requires students to take the GRE but has no minimum score requirements. After completing the program the student must take the NBCOT Exam to obtain their license.

- <https://www.utrgv.edu/ot/graduate-program/admission-criteria/index.htm>
 - [https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-\(OTD\)/admissions](https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-(OTD)/admissions)
 - <https://www.aota.org/Advocacy-Policy/State-Policy/Licensure/How-To.aspx>

- **Tenth Grade**

- **What exams do students need to take before being admitted into the program?**

- The ACT is an entrance exam used by most colleges and universities to make admissions decisions. The purpose of the ACT test is to measure a high school student's readiness for college, and provide colleges with one common data point that can be used to compare all applicants. The sections of the exam are English, Math, Reading, Science, and Writing (optional).

- <https://www.princetonreview.com/college/act-information>

- **Eleventh Grade**

- **Where can a student register to take these exams? What are the scores needed to be considered for the programs of interest?**

- The ACT exam must be taken with the Writing Component. The composite score of 19 and minimum score of 16 in all sections of English, Math, Reading, and Science. The ACT writing must be a 6 or above in scoring. To register for the ACT exam, the student needs to create an ACT Web Account, which they can do on the ACT website. Once the account has been created, students will be able to register for the ACT. During the registration process, students will be asked questions about their high school, high school classes, background, and family, and interests. In addition, students will also be asked for identifying information such as their name, address, phone number, email, and social security number. Upon completing this information, the student can proceed to register for the ACT itself. The registration process will ask the student to select their preferred test date, select whether they will take the ACT (No Writing) or the ACT Plus Writing, and will apprise them of any applicable fees. The student will also have the opportunity to order items such as ACT Test Information Release and official ACT test preparation materials. During the registration process, students will also be able to designate schools which they would like to receive their ACT test scores (although they do not have to select any schools if they prefer not to). Students will choose where they would like to take the ACT (but be sure to sign up early, since testing centers can fill up fast!), and then will be asked to confirm all the information they have provided and then

provide a method of payment (credit cards are the only payment method accepted when registering online).

- <https://nah.southtexascollege.edu/ota/index.html>
 - <https://www.powerscore.com/act/help/how-to-register-for-the-act.cfm>
- The GRE General Test measures your verbal reasoning, quantitative reasoning, critical thinking and analytical writing skills — skills that have been developed over a long period of time and are not related to a specific field of study but are important for all. The GRE scores vary depending on what the IHE wants for the student's program of interest. To be considered for the healthcare program, high scores on the GRE categories are the best to have a good chance of entering the program. The different categories include Verbal Reasoning, Quantitative Reasoning, and Analytical Writing. Verbal Reasoning section measures your ability to:
- analyze and draw conclusions from discourse; reason from incomplete data; identify author's assumptions and/or perspective; understand multiple levels of meaning, such as literal, figurative and author's intent
 - select important points; distinguish major from minor or irrelevant points; summarize text; understand the structure of a text
 - understand the meanings of words, sentences and entire texts; understand relationships among words and among concepts
- Quantitative Reasoning section measures your ability to:
- understand, interpret and analyze quantitative information
 - solve problems using mathematical models
 - apply basic skills and elementary concepts of arithmetic, algebra, geometry and data analysis
- Analytical Writing section measures your ability to:
- articulate complex ideas clearly and effectively
 - support ideas with relevant reasons and examples
 - examine claims and accompanying evidence
 - sustain a well-focused, coherent discussion
 - control the elements of standard written English
 - https://www.ets.org/gre/revised_general/about/content/

- The *GRE*® General Test is available at more than 1,000 test centers in more than 160 countries. It is offered as a computer-delivered test year-round at most locations around the world and as a paper-delivered test up to three times a year in areas where computer-delivered testing is not available. Detailed instructions for registering for an exam is the link below
 - https://www.ets.org/gre/revised_general/register/
- **Twelfth Grade**
 - **What exams does Occupational Therapist or Occupational Therapy Assistants need to take after the completion of the program?**
 - The primary purpose of the NBCOT certification exams is to protect the public interest by certifying only those candidates who have the necessary knowledge of occupational therapy to practice. The OCCUPATIONAL THERAPIST REGISTERED OTR® and CERTIFIED OCCUPATIONAL THERAPY ASSISTANT COTA® exams are constructed to measure entry-level competence of candidates who have met eligibility requirements for certification of the respective credential.
 - https://www.nbcot.org/-/media/NBCOT/PDFs/Cert_Exam_Handbook.ashx?la=en
 - The NBCOT certification exams are administered at Prometric Test Centers (PTCs) worldwide. Prometric delivers and administers more than 7 million tests a year on behalf of approximately 350 clients in the academic, financial, government, healthcare, professional, corporate, and information technology markets. It delivers tests flexibly via the web or by utilizing a robust network of more than 8,000 test centers in more than 160 countries.
 - https://www.nbcot.org/-/media/NBCOT/PDFs/Cert_Exam_Handbook.ashx?la=en
 - The different categories that the NBCOT tests over are:
 - **EVALUATION AND ASSESSMENT** - Acquire information regarding factors that influence occupational performance on an ongoing basis throughout the occupational therapy process.
 - **ANALYSIS AND INTERPRETATION** - Formulate conclusions regarding client needs and priorities to develop and monitor an intervention plan throughout the occupational therapy process.

- **INTERVENTION MANAGEMENT** - Select interventions for managing a client-centered plan throughout the occupational therapy process.
 - **COMPETENCY AND PRACTICE MANAGEMENT** - Manage professional activities of self and relevant others as guided by evidence, regulatory compliance, and standards of practice to promote quality care.
 - https://www.nbcot.org/-/media/NBCOT/PDFs/Cert_Exam_Handbook.ashx?la=en
- The student will be notified about their score via their email and be able to view it on their online NBCOT account.
- **Candidates with a passing score** will be notified via email when your exam result has been posted online. They will also receive a congratulatory letter, an official NBCOT certificate and wallet card verifying OCCUPATIONAL THERAPIST REGISTERED OTR or CERTIFIED OCCUPATIONAL THERAPY ASSISTANT COTA certification and information about their certification benefits.
 - **Candidates with a failing score** will be notified via email when the exam result has been posted online. A feedback report will include the overall score along with domain-level performance information and an explanation for interpreting the student's overall and domain-level performance. The information on the domain areas is provided for diagnostic purposes only. The feedback report also includes answers to frequently asked questions about the feedback report and preparing to retake the exam.
 - https://www.nbcot.org/-/media/NBCOT/PDFs/Cert_Exam_Handbook.ashx?la=en
- The NBCOT offers study packages that can aid the student in their study to pass the exam. There is a NBCOT study pack that includes practice exams and test taking tips that can aid the student in their studies. The cost is \$75. There is also NBCOT Study Guide that provides a study plan, test taking strategies, study habits, and much more. The cost for this is \$60.

Admissions			
What does the student need in order to apply for the program?			
9th	10th	11th	12th
<ul style="list-style-type: none"> • Introduce Allied Health profession • Job Opportunities 	<ul style="list-style-type: none"> • Program Description 	<ul style="list-style-type: none"> • Admission Requirements 	<ul style="list-style-type: none"> • CE Courses (if any) • License Renewal

- **Ninth Grade**

- **What are Occupational Therapists/Assistants?**

- Occupational therapists help people across the lifespan participate in the things they want and need to do through the therapeutic use of everyday activities (occupations). Most occupational therapists work in hospitals or occupational therapy practices while others work in schools, physicians’ offices, home health services and nursing homes. Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing support for older adults experiencing physical and cognitive changes. Occupational therapy services typically include:

- an individualized evaluation, during which the client/family and occupational therapist determine the person’s goals,
 - customized intervention to improve the person’s ability to perform daily activities and reach the goals
 - an outcomes evaluation to ensure that the goals are being met and/or make changes to the intervention plan

- <https://www.aota.org/About-Occupational-Therapy.aspx>
 - <https://explorehealthcareers.org/career/occupational-therapy/occupational-therapist/>

- Occupational therapy assistants help people across the lifespan participate in the things they want and need to do through the therapeutic use of everyday activities (occupations). Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing support

for older adults experiencing physical and cognitive changes. Occupational therapy assistants work primarily in occupational therapists' offices, hospitals and nursing care facilities.

- <https://www.aota.org/About-Occupational-Therapy.aspx>
- <https://explorehealthcareers.org/career/occupational-therapy/occupational-therapy-assistant/>

- **Tenth Grade**

- **What is the Occupational Therapy Assistant program at South Texas College?**

- This two-year program prepares individuals for careers as Certified Occupational Therapy Assistants (COTA). In Texas, the COTA must obtain state licensure to practice under the supervision of a registered Occupational Therapist (OTR). The mandate of the profession is to assist patients to develop life skills by providing services with the ultimate goal of increasing their independence in daily functioning. The recipients of therapy are those who have encountered problems that interfere with their ability to function in any stage of their development. The scope of services includes physical, cognitive, and psychological and psychosocial disorders.

- <https://nah.southtexascollege.edu/ota/index.html>

- **What is the Occupational Therapy program at UTRGV?**

- The Master of Science (MS) in Occupational Therapy program provides an opportunity to acquire entry level knowledge and professional skills, to build critical thinking skills, and to develop clinical research skills in a health profession based on occupational performance. The academic curriculum has been designed to expose students to the influence and impact of occupation, culture, systems, and disabilities on the provision of occupational therapy. As a graduate of the program, you will be able to guide individuals in understanding how their ability to perform daily activities affects their ability to take part in home, school, work, and community life. Guided by the values and ethics of the profession, you will be able to effectively evaluate and provide intervention for clients' occupational needs, problems, and concerns. You will be a part of a community where faculty and students engage in and promote

scholarly inquiry and service in support of the health and wellness of the Rio Grande Valley.

- <https://www.utrgv.edu/graduate/for-future-students/graduate-programs/program-requirements/occupational-therapy-ms/index.htm>

- **What is the Occupational Therapy program at UT Health San Antonio?**

- Occupational therapy is a vibrant health profession that involves the assessment and treatment of individuals whose ability to perform their daily occupations is threatened or impaired by developmental disability, physical disability, psychosocial dysfunction, sensory impairment, or the aging process. The occupational therapy process involves the prevention or correction of physical, developmental, or emotional problems that affect occupational performance of the individual. The goal of occupational therapy is to assist the patient in the performance of activities that provide meaning to her or his life.
- Graduates of the entry-level Doctorate of Occupational Therapy (OTD) program are eligible to take the national certification examination administered by the National Board for Certification in Occupational Therapy (NBCOT) and to apply for licensure that is required for practice in most states.
 - <http://catalog.uthscsa.edu/schoolofhealthprofessions/occupationaltherapy/otd/#text>

- **Eleventh Grade**

- **What are the admission requirements for the Occupational Therapy Assistant program at South Texas College?**

- Meet general admission requirements to STC.
- Have a High School diploma or GED.
- TSI complete.
- **New:** Complete the ACT Exam including the Writing component. Achieve an ACT composite of 19 or above and a minimum of 16 in all individual areas (English, Math, Reading, and Science). ACT Writing domain scores must be a 6 or above in each individual

area. Scores must be current within the last 5 years. ACT Exemptions are not permitted.

- Earn a minimum cumulative GPA of 3.0 on a 4.0 scale in all transfer courses if applicable.
 - Earn a minimum cumulative GPA of 3.0 on a 4.0 scale in all courses completed at STC.
 - Complete all prerequisite courses with a minimum grade of "B" as listed in the Occupational Therapy Assistant Program degree plan.
 - Submit a completed Program application by stated deadline. For more information contact the Occupational Therapy Assistant Program at 872-3161 or access the information online at www.southtexascollege.edu/nah
 - Participate in student advisement session per program requirements. For more information contact the Occupational Therapy Assistant Program at 872-3161.
 - Pass a background check and drug screen through approved providers. Students with criminal histories must provide proof of certification and licensure eligibility from the National Board for Certification in Occupational Therapy (NBCOT) and the Executive Council of Physical Therapy and Occupational Therapy Examiners (ECPTOTE). For more information contact the Clinical Affairs Specialist at 956-872-3022 or visit NAH room 1.602.
 - Present documentation of volunteer experience of a minimum of 25 hours each at Pediatric and Adult client settings.
 - Meet technical standards as stated by Occupational Therapy Assistant Program.
 - <https://nah.southtexascollege.edu/ota/index.html>
- **What are the admission requirements for the Occupational Therapy program at UTRGV?**
- Bachelor's degree from a regionally accredited institution in the United States or a recognized international equivalent.
 - Undergraduate GPA of at least 3.0. Official transcripts from each institution attended (must be submitted directly to UTRGV).
 - Personal statement addressing (a) why you select OT as a career; (b) how an OT degree relates to your immediate and long-term professional goals, and (c) describe how your personal,

educational, and professional background will help you achieve your goals.

- Three letters of recommendation from professional or academic sources.
 - GRE General Test. Minimum scores: 150 Verbal, 140 Quantitative, 2.5 Analytical Writing. GRE test scores are valid for 5 years. A waiver of the GRE requirement will be granted to applicants who show proof of completing a graduate degree (master's or doctoral).
 - Documented volunteer hours or experiences.
 - Cleared Criminal Background Check
 - Submission of application to OTCAS.
 - Personal interview.
 - **Signed FERPA Consent** allowing community-based Occupational Therapists to evaluate application materials.
 - Specified undergraduate coursework completed within 5 years of the February 1st application deadline with a grade of C or better and 3.0 GPA on all prerequisite coursework
 - <https://www.utrgv.edu/graduate/for-future-students/graduate-programs/program-requirements/occupational-therapy-ms/index.htm#item2>
- **What are the admission requirements for the Occupational Therapy program at UT Health San Antonio?**
- Bachelor's degree from a regionally accredited college or university.
 - A grade of C or better in the individual prerequisite classes
 - Graduate Record Examination (GRE) official scores up to five years old (no minimum score requirement). GRE code for OTCAS 2138.
 - 40 hours of observation under the general supervision of a licensed occupational therapist documented on Documentation of Experience form.
 - Overall GPA 3.0 and Program prerequisite GPA 3.0
 - Two Letters of Reference, preferably from a licensed occupational therapist.
 - Interview with Occupational Therapy faculty.

- [https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-\(OTD\)/admissions](https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-(OTD)/admissions)

- **Twelfth Grade**

- **Does the Allied Health Profession have to take Continuing Education courses?**
 - Occupational Therapists and Occupational Therapy Assistants must take at least 24 hours of CE courses in order to maintain their licensure.
 - <https://www.ptot.texas.gov/page/continuing-education>
- **How often does the Allied Health Professional have to renew their license?**
 - Occupational Therapists and Occupational Therapy Assistants must renew their license every three years.
 - <https://www.homececonnection.com/blog/nbcot-certification-renewal/>

Academic Pathway			
What coursework should be taken to become an Allied Health Professional?			
9th	10th	11th	12th
<ul style="list-style-type: none"> • Dual Enrollment • GPA Relevancy 	<ul style="list-style-type: none"> • Relevant Coursework 	<ul style="list-style-type: none"> • Dual v. AP Coursework Transferability 	<ul style="list-style-type: none"> • Required GPA

- **Ninth Grade**

- **What is Dual Enrollment?**
 - The term dual enrollment refers to students being enrolled—concurrently—in two academic programs or institutions. The term is used in reference to high school students taking college courses while they are still enrolled in high school (i.e., a *dual-enrollment student*), or to the programs that allow high school students to take college-level courses (i.e., a *dual-enrollment*

program). For this reason, the term *early college* is a common synonym for dual enrollment.

<https://www.edglossary.org/dual-enrollment/>

- The student needs to be aware that the grades they receive in any dual or concurrent enrollment courses will stay with them throughout their college career. These grades will be averaged into their overall college GPA.

- **Is high school coursework relevant to Allied Health?**

- The student might not realize it, but preparing for a future career starts in high school (or even earlier). For example, did you know that nurses use algebra when calculating medication dosages? What the student learns in high school builds the foundation for their college education and career. If a student is considering nursing, they should take classes *now* that will prepare them for college *later*.

<https://www.ic4n.org/become-a-nurse/preparation-for-nursing-school/>

- **Does high school GPA matter?**

- Most healthcare programs often set the minimum GPA at 3.0. Some programs are more likely to set the minimum somewhere in the 2.0 to 2.75 range. Grades in prerequisite courses may be considered separately. *These are minimum requirements and ***to be competitive, the student should aim much higher***. When interest exceeds available spots, grades are often an important factor.

- **Tenth Grade**

- **What are examples of courses to take in high school to best prepare for the Allied Health applications?**

- Biology
- Chemistry
- Anatomy & Physiology
- Physics
- Algebra
- Geometry
- Psychology
- Speech

- Foreign Language
 - Health course
- **What courses are part of the prerequisites and curriculum in the Occupational Therapy Assistant program at STC?**
- The prerequisite courses for the program is:
 - Humanities Elective
 - Lifespan Growth and Development
 - Anatomy and Physiology
 - Interpersonal Communications
 - English 1301
 - Principles of Occupational Therapy
 - The curriculum of the program is (from beginning to end):
 - Human Structure and Function in Occupational Therapy (Sem. I)
 - Therapeutic Use of Occupations or Activities I
 - Occupational Performance from Birth to Adolescence
 - Occupational Performance of Adulthood (Sem. II)
 - Therapeutic Interventions I
 - Health Care Management in Occupational Therapy
 - Pathophysiology in Occupational Therapy (Sem. III)
 - Occupational Performance for Elders (Sem. IV)
 - Therapeutic Interventions II
 - Clinical - Occupational Therapy Assistant
 - Mental Health in Occupational Therapy
 - Practicum: OTA I
 - Practicum: OTA II
 - Workplace Skills for the OTA
 - <https://nah.southtexascollege.edu/ota/index.htm>
- **What courses are part of the prerequisites and curriculum in the Occupational Therapy program at UTRGV?**
- The prerequisite courses for the program is:
 - Anatomy and Physiology I
 - Anatomy and Physiology II
 - Basic Statistics
 - Psychology of Lifespan
 - Abnormal Psychology
 - Sociology

- Biomechanics
- General Physics
- Technical Writing
- Medical Terminology
- The curriculum of the program is (from beginning to end):
 - Human Occupation (Sem. I)
 - Foundations of Occupational Therapy
 - Research Methods in Occupational Therapy
 - Clinical Anatomy & Biomechanics
 - Health Policies & Ethics
 - Clinical Neuroscience (Sem. II)
 - Theories of Occupational Therapy
 - Systems Impacting Occupational Performance
 - Qualitative Research in Occupational Therapy
 - Health, Illness, & Disability
 - Evaluation & Assessments
 - Intervention I - Psychosocial (Sem. III)
 - Health Promotion & Prevention
 - Tools and Analysis in OT
 - Practicum
 - Research Practice (Sem. IV)
 - Intervention II - Pediatrics (Sem. V)
 - Occupational Therapy Skills - Pediatrics
 - Population Based Research
 - Research Practicum
 - Intervention III - Adults (Sem. VI)
 - Occupational Therapy Skills - Adults
 - Management of O.T. Services
 - Field Studies in O.T. Ver. A (Sem. VII) or
 - Field Studies in O.T. Ver. B
 - Field Studies in O.T. Ver. A (Sem. VIII) or
 - Field Studies in O.T. Ver. B
 - <https://www.utrgv.edu/graduate/for-future-students/graduate-programs/program-requirements/occupational-therapy-ms/index.htm>
- **What courses are part of the prerequisites and curriculum in the Occupational Therapy Assistant program at UT Health San Antonio?**
 - The prerequisite courses for the program is:

- Anatomy & Physiology I
- Anatomy & Physiology II
- Physics I
- Kinesiology
- Abnormal Psychology
- Developmental Psychology
- Sociology
- Statistics
- Medical Terminology
- The curriculum for the program is (from beginning to end):
 - Theoretical and Professional Foundations of Occupational Therapy (Sem. I)
 - Gross Anatomy
 - Applied Biomechanics of Movement (Sem. II)
 - Environmental Technologies I
 - Human Occupation across the Lifespan
 - Occupational Therapy Process: Mental Health
 - Level I Fieldwork: Mental Health
 - Foundations of Research Design
 - Occupational Therapy Process: Pediatrics Part I (Sem. III)
 - Clinical Conditions: Pediatrics
 - Application of Neural Systems to Occupation
 - Research Design and Proposal
 - Level I Fieldwork: Pediatrics
 - Assessment Measures
 - Pediatric Service Delivery (Sem. IV)
 - Doctoral Capstone Proposal Development I
 - Occupational Therapy Process: Pediatrics Part II (Sem. V)
 - Occupational Therapy Process: Adult Neuromuscular
 - Clinical Conditions: Adult Neuromuscular and Medical
 - Environmental Technology II
 - Teaching and Leadership
 - Level I Fieldwork: Adult
 - Occupational Therapy Process: Adult Biomechanical (Sem. VI)
 - Adult Service Delivery
 - Clinical Conditions: Adult Biomechanical
 - Management and Leadership in OT
 - Doctoral Capstone Proposal Development II

- Inter-Professional Seminar
- Doctoral Seminar
- Level II Fieldwork Ver. A (Sem. VII)
- Level II Fieldwork Ver. A (Sem. VIII)
- Doctoral Capstone (Sem. IX)
 - https://www.uthscsa.edu/sites/default/files/2018/otd_degree_requirements_plan_of_study_and_course_descriptions.pdf

- **Eleventh Grade**

- **What is the difference between AP and Dual Enrollment?**
 - Dual enrollment courses allow students to get early access to college courses. AP courses are different because they only result in college credit if a student earns a particular score on the AP exam at the end of the course, and if the college that the student enrolls in, accepts AP scores as course credit. This means students who complete a dual enrollment program have a college transcript at the end of their high school career and can enroll directly into that college or transfer these courses if they move to another institution. AP courses on the other hand result in an AP score that can be submitted to a college. The college can then decide if the score will amount to any college credit.
<https://blog.ed.gov/2019/07/burning-questions-dual-enrollment-answered/>
- **Will Dual Enrollment coursework transfer to all colleges and universities?**
 - Academic dual credit can be applied toward the core curriculum or to other specific degree program requirements of an academic associate degree or baccalaureate degree. Students who want more information about the transferability of their dual credit courses should seek guidance from an advisor at the institution offering the dual credit.
<http://www.thecb.state.tx.us/institutional-resources-programs/public-community-technical-state-colleges/transfer-resources/dual-credit-initiatives/>

- **Twelfth Grade**

- **What GPA does the student need to apply to their Allied Health program of interest?**

- For the OTA program at STC, the student must have a minimum cumulative GPA of 3.0 on a 4.0 scale in all transfer courses if applicable, or have a minimum cumulative GPA of 3.0 on a 4.0 scale in all courses completed at STC.

- <https://nah.southtexascollege.edu/ota/index.html>

- For the OT program at UTRGV, the student must have an undergraduate GPA of at least 3.0

- <https://www.utrgv.edu/graduate/for-future-students/graduate-programs/program-requirements/occupational-therapy-ms/index.htm#item2>

- For the OT program at UT Health San Antonio, the student must have an Overall GPA of 3.0 and program prerequisite GPA of 3.0

- [https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-\(OTD\)/admissions](https://www.uthscsa.edu/academics/health-professions/programs/Doctor-of-Occupational-Therapy-(OTD)/admissions)